



Scident Family Dental Clinic

Dr. Babak Chehroudi & Associates

120 E. 15th St. N. Van BC V7L 2P9  
Tel: 604-985-7032 Email: [info@scident.ca](mailto:info@scident.ca)



## INSTRUCTIONS FOR PATIENTS RECEIVING ORAL SEDATION FOR DENTAL PROCEDURES

Name of Patient: \_\_\_\_\_

You will be receiving a medication to sedate you and to make your dental treatment more pleasant. You will not be receiving a general anesthetic and you will be conscious at all times. However, there are instructions which must be adhered to:

### BEFORE TREATMENT

1. It is safe to eat before the procedure, but keep the meal light-do not eat a large or excessive meal
2. Wear loose and comfortable clothing
3. Arrive on time. You will be given a time to arrive to receive your medication prior to your appointment, it is important to arrive at this time to ensure that the medication is working before your treatment. If there is not enough time to give the medication and check if is working correctly the appointment may be postponed
4. A responsible adult must come to the office to escort you home. Please provide the name and phone number of the responsible adult that will be picking you up and escorting you
5. Check with your family Physician if regular medications should be taken. Do not take any other medications unless instructed by your physician or dentist. Please advise of **ANY** medications you have taken that day when you arrive at the appointment.
6. If you have an illness (cold, flu, cough ect..) on the day before your procedure, please call the office to inform us as soon as possible, to access if your appointment needs to be postponed.

### AFTER TREATMENT

You must not:

- \*Drive for 24 hours
- \*Take a bus or taxi, unless you are escorted by another responsible adult
- \*Be driven home on a motorcycle or bicycle
- \*Operate moving machinery for 24 hours
- \*Make any important decisions or work for 12 to 24 hours after you have taken the medication
- \*Undertake any strenuous activity
- \*Consume any alcoholic beverages or new medications without discussing it with your prescribing physician

You should have recovered by the following day, but should you still feel that the drug is still affecting you in any way, continue with the above instructions.

Continued on back page

Initials: \_\_\_\_\_

**INSTRUCTIONS FOR PATIENTS RECEIVING ORAL SEDATION FOR DENTAL PROCEDURE**

Cont...

Date of appointment: \_\_\_\_\_

Responsible adult that will be picking and escorting me: \_\_\_\_\_

Phone number of the above person: \_\_\_\_\_

I \_\_\_\_\_ have read and understood the attached document, in regards to my responsibility of arranging a responsible adult to pick up and escort me on the day of my treatment that I will be taking an oral sedative. I also read and fully understand the instructions for BEFORE TREATMENT and AFTER TREATMENT and must adhere to them to ensure my health and safety.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

---

**DAY OF APPPOINTMENT:**

Date: \_\_\_\_\_

I \_\_\_\_\_, am a responsible adult (19 years or older) and understand that I am responsible for the above patient once I have picked/escorted them from the dental office.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

**\*\*\*OFFICE USE ONLY\*\*\***

Pick up time: \_\_\_\_\_

Staff Witness: \_\_\_\_\_